<https://tokbox.com/developer/sdks/node/>

$ npm install opentok *--save*

var OpenTok = require('opentok'),

opentok = new OpenTok(apiKey, apiSecret);

* then create session with this function

opentok.createSession()

* Generating token by using created session and this function   
  user will use this token for join meeting or live sesion

session.generateToken()

* We can start recording of this session by using this function

OpenTok.startArchive(sessionId, options, callback)

We will stop recording by this function

OpenTok.startArchive(sessionId, options, callback)